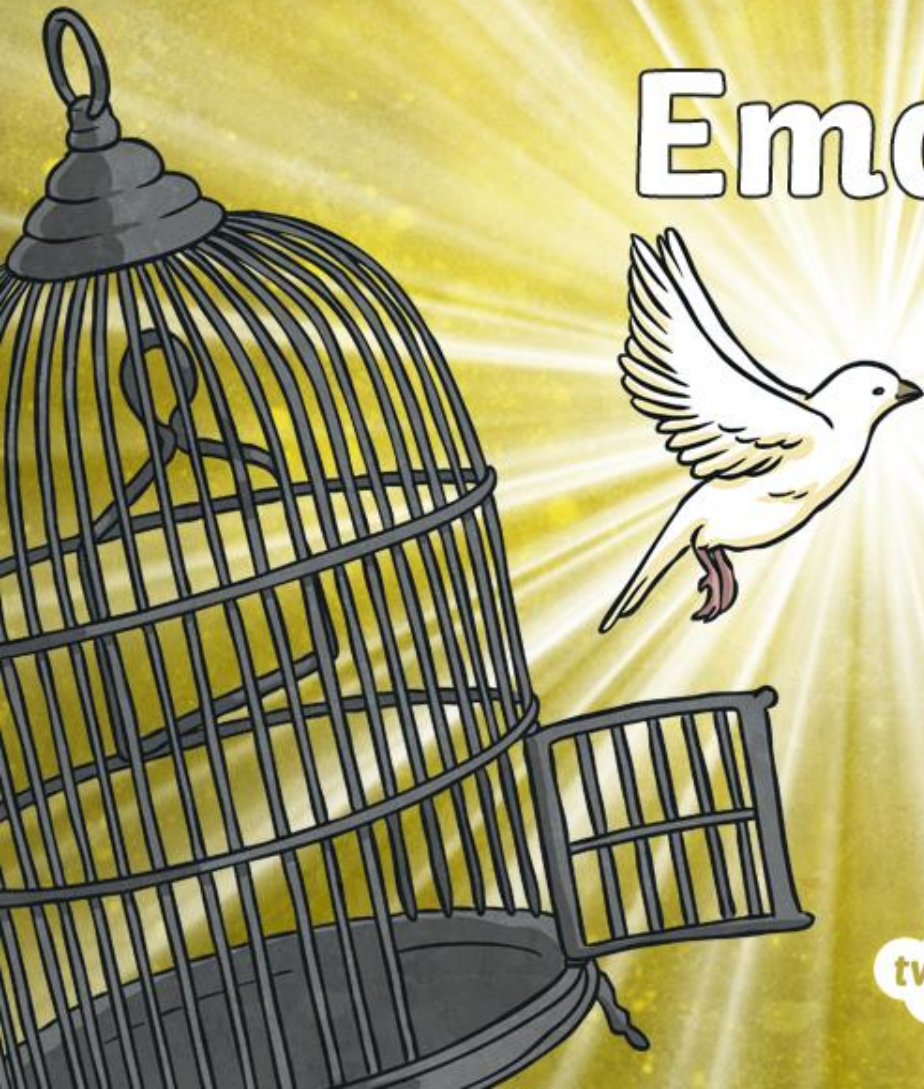




RE

Eternity

Reincarnation and Emancipation



Aim

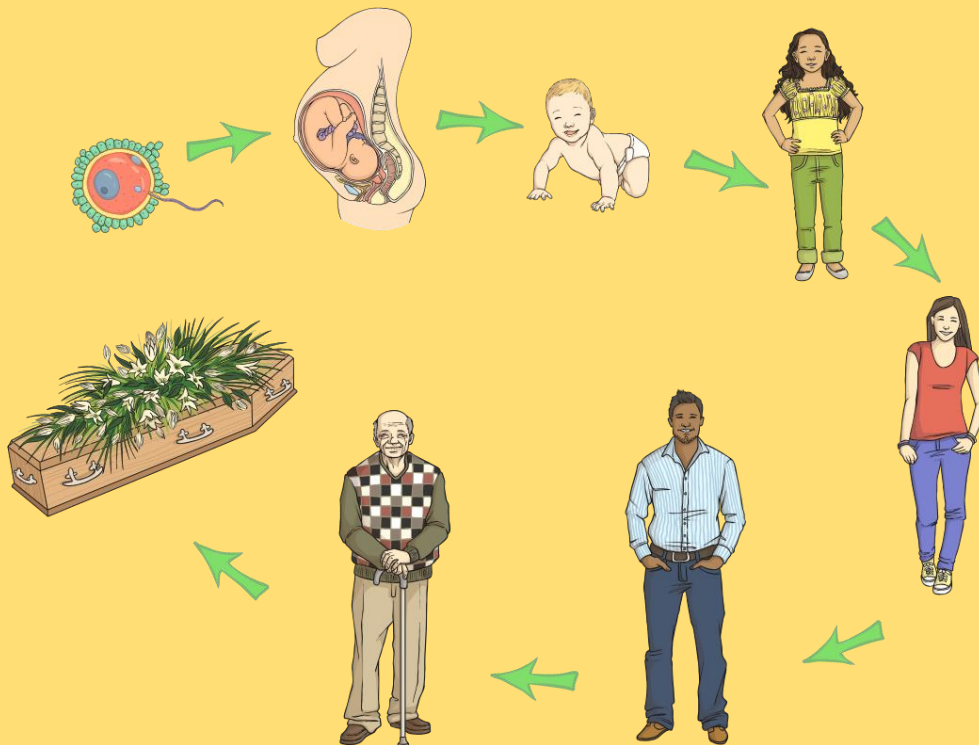
- I can understand the concepts of reincarnation and emancipation from life.

Success Criteria

- I can explain the human life cycle according to Buddhists, Hindus and Sikhs.
- I can compare and contrast the ideas of emancipation from reincarnation and heaven.



Human Life Cycle



What are the stages of the human life cycle?



What do those who follow the Abrahamic religions believe happens after death?

Dharmic Religions

Buddhism



Hinduism



Sikhism



These are Dharmic Religions!

Reincarnation

Buddhists, Hindus and Sikhs all believe in the idea of **reincarnation** (rebirth).

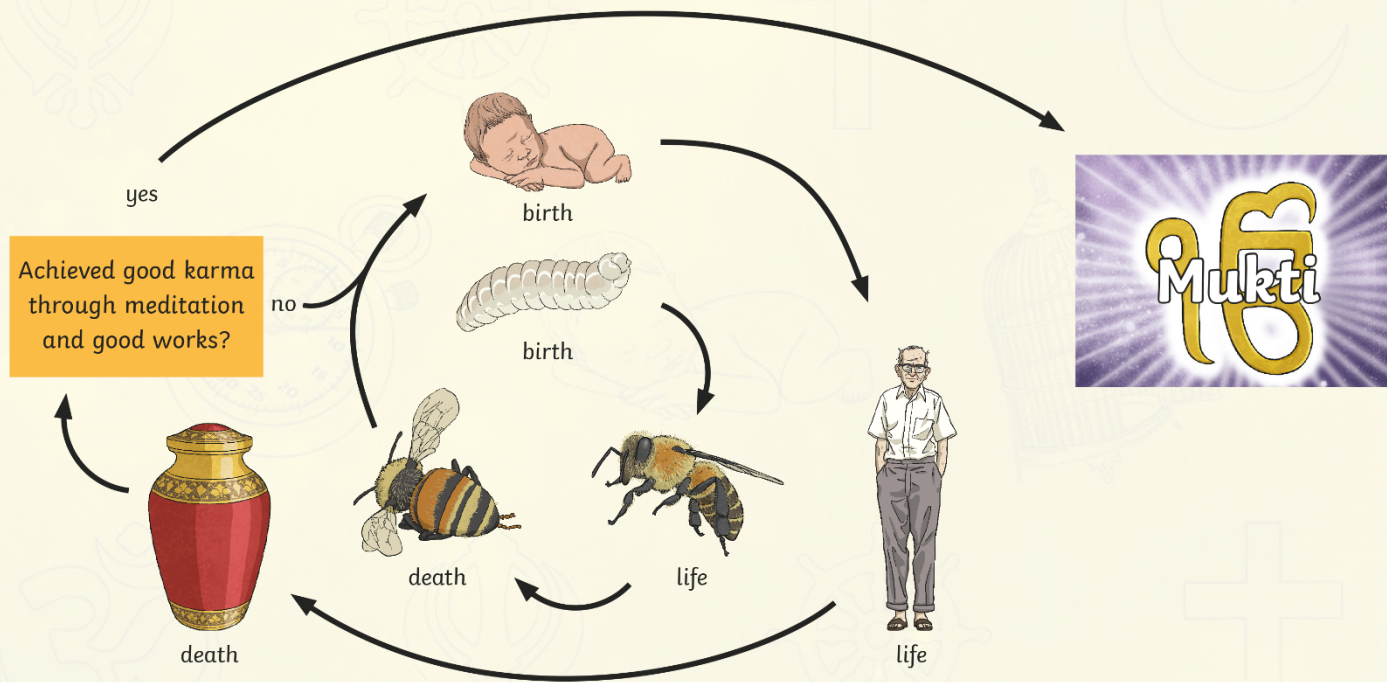


Emancipation

Freedom (emancipation) from the cycle of birth, death and reincarnation is considered to be the ultimate goal of all three religions.



Reincarnation and Emancipation



Follow the diagram to see the cycle.

How is emancipation achieved?

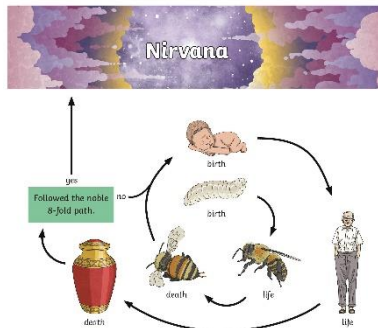
Reincarnation and Emancipation



Reincarnation and Emancipation

Buddhism

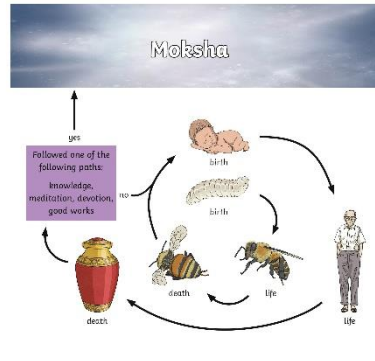
Buddhists do not believe in god, they believe that the ultimate goal is nirvana (meaning to blow out or extinguish). Nirvana is not a place, but rather an actual state of non-existence. When someone reaches nirvana, their soul is in harmony with the universe and they would cease to exist.



Reincarnation and Emancipation

Hinduism

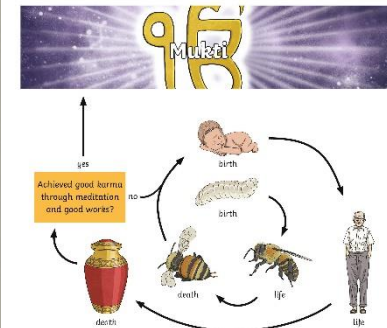
Moksha: Hindus believe that the atman (soul) will become one with the god Brahma.



Reincarnation and Emancipation

Sikhism

Mukti: Mukti involves becoming one with god. Sikhs believe that God does not have any particular form.



Follow the diagram to see the cycle.

How is emancipation achieved?

Then, make your own diagram or chart to show the cycle of reincarnation and emancipation.

You can use an animal of your choosing!

Comparing Heaven and Emancipation



How does your diagram show reincarnation?

How does your diagram show emancipation?

How is nirvana/moksha/mukti achieved?

Are there any similarities across all three religions?



Aim

- I can understand the concepts of reincarnation and emancipation from life.

Success Criteria

- I can explain the human life cycle according to Buddhists, Hindus and Sikhs.
- I can compare and contrast the ideas of emancipation from reincarnation and heaven.



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