Mighty Muscles

Activity	Prediction (before the activity): Circle or highlight the muscles you think will be used.		Results (after the activity): Circle or highlight the muscles you used .	
Add a picture of you running here.				



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add a picture of you reading a book here.		<image/>	

What do muscles do?







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How and why do muscles move in pairs?



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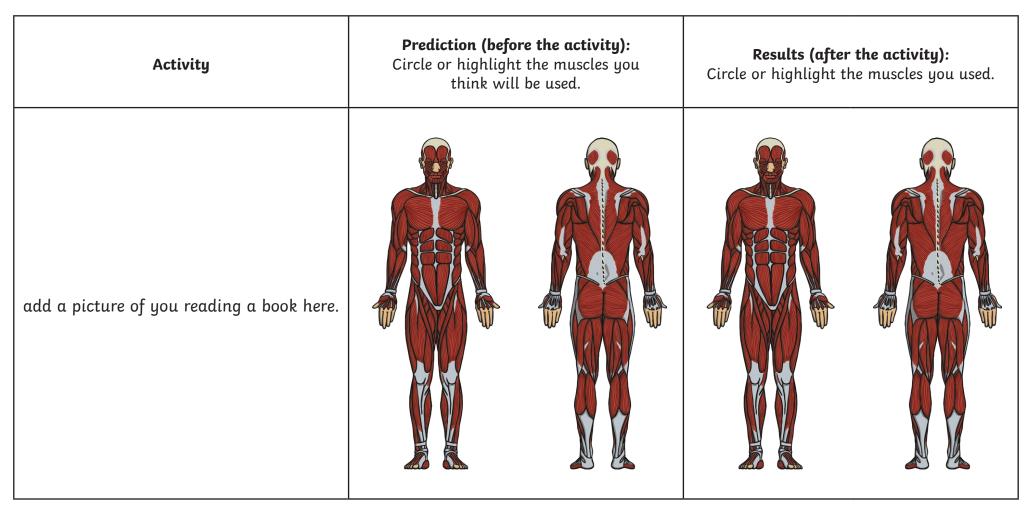




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Write an explanation of the muscles in the body and how they move.



