Visit to Brenscombe Outdoor Activities Centre, Purbeck

Monday 10th June - Friday 14th June 2019

Staff attending

Mrs K Barnes, Mr S Birmingham, Mrs A Holdsworth

Miss N Carey, Miss G Taylor, Mrs L Hooker, Mrs Gibson, Mr Windsor, others tbc

Dates and Times

Children should be at school at an earlier time of **8:15am** on the Monday and make their way to the hall for registration. The Coach will leave at 9.00am on Monday 10th June, and return at approx. 2.00pm on Friday 14th June. Please check our twitter feed **@ShottermillJrs** (or the school website) for updates on arrival time. Whilst in Brenscombe, the children will be driven to the activities by the centre staff in their own minibuses.

For full details of activities please see the attached timetable.

Address/Emergencies

We are staying at: Brenscombe Outdoor Centre

Studland Road Corfe Castle Wareham Dorset BH20 5JG

The children cannot receive or make telephone calls and are **not allowed mobile phones**. Should an incident occur while we are away, you will be contacted on the emergency number you supply on the medical permission form. Should you need to make contact with your child, this can be done via the usual school number: 01428 642096 (we will have mobile phones with us at all times in case of emergencies).

Medicines

These must be clearly labelled and handed to the designated member of staff when you drop your child off in the hall on Monday morning (or beforehand to Verina Gibson in the School Office). Each group leader will carry the medication for their group. Children with inhalers should hand one in to the designated member of staff and carry a second one with them at all times. Please ensure that the medical and emergency contact details form is fully completed and returned to us as soon as possible.

Please note that necessary personal / medical information about your child is shared with Brenscombe Outdoor Centre in order to safeguard them and it will be destroyed once the trip has ended.

Please <u>always</u> ensure that we have up to date medicines in the school Office – for example Epipens.

Conduct

I am sure that you will understand that, given the great responsibility of looking after a large party of children, we shall expect their **full co-operation**, and we would be grateful for your support in the matter. It should be stressed that it is the children's responsibility to behave well, to stay within sight and earshot of their group leaders at all times and to follow all instructions from staff or instructors.

We are sure that you child is looking forward to this trip and that it will prove to be a memorable experience for him/her.

Accommodation

The party will be staying at Brenscombe Farm in Dorset for the entire week. The buildings have been converted to provide activity and study rooms, washrooms and shower blocks. The children will be sleeping in 4 – 8 bedded rooms and the staff will be present in each block. All the meals will be provided by the centre and there is no need to provide 'extra' food, sweets or drinks as they are not allowed in the rooms. Your child will need the items on the specific activity clothing list attached.

Money

Each child can bring **a maximum of £5** spending money. Please hand this in **£1 coins,** to the designated member of staff in a named purse/wallet, on the day of departure.

Day 1

We will depart at approximately **9:00am** and will travel directly to Brenscombe. When we arrive we will rehearse fire procedures, explain boundaries and important rules to children. After bed making and unpacking, children will participate in activities in the afternoon.

Your child should wear: Jogging bottoms, leggings, walking shoes / trainers, t-shirt and a fleece.

They should have with them a **medium sized day rucksack** with an external pocket for those who require inhalers. In their rucksack they must have:

- A strong plastic (refillable) water bottle
- Picnic lunch in a disposable bag
- Waterproof coat
- Camera (inexpensive and named)
- Book / notebook to keep them occupied on the coach
- Hat and suncream

Clothing for the week ahead

- In addition to the medium sized day rucksack, your child will require **one large holdall / squashable suitcase** containing all of their clothing and belongings;
- Please see the specific **activity clothing list** on the next page to help you pack the appropriate clothing for the trip. Some clothing will get dirty and wet on some of the activities;
- Remember when packing that the children will need to be able to carry their own belongings to and from the coach. Pack your child's belongings with them ensuring they know what clothes can be worn for each activity! (We will also provide reminders every day);
- Please do not pack your child's best clothes! Practical clothing for outdoor pursuits is best. If the weather forecast for the week is poor then extra clothes/footwear should be packed. Please try to pack plenty of layers and clothes which **dry quickly**.

Name everything please!

- Please leave jeans at home. They are restrictive, rub easily and if they get wet, they take a long time to dry. Wellies are also not suitable for this trip.
- ➤ All t-shirts should have sleeves no strappy t-shirts or vests for safety reasons.

Activity Clothing List:

Big Canoe	Low / High ropes course	Powerboat / trip to Swanage	Archery / Pioneering / Orienteering	Abseiling / Rock Climbing	Raft Building
	Long leggings / bendy trousers		Long leggings / bendy trousers	Long leggings / bendy trousers	
T-shirt	Long sleeved t-shirt	T-shirt	Long sleeved t-shirt	Long sleeved t-shirt	T-shirt
Quick drying long shorts		Long shorts or quick drying trousers			Quick drying long shorts
Crocs / plimsolls or water shoes (flip-flops are not suitable as they easily float away!)	Sturdy trainers / walking shoes	Crocs / plimsolls or water shoes (flip-flops are not suitable as they fall off feet into the sea!)	Sturdy trainers / walking shoes	Sturdy trainers / walking shoes	Crocs / plimsolls or water shoes (flip-flops are not suitable as they easily float away!)
fleece	fleece	fleece	fleece	fleece	fleece
Waterproof coat	Waterproof coat	Waterproof coat	Waterproof coat	Waterproof coat	Waterproof coat

Clothing checklist:

- √ 3 pairs of long leggings/bendy trousers
- √ 3 short sleeve t-shirts
- ✓ 3 long sleeve t-shirts
- √ 2 pairs of quick drying shorts
- √ 1 pair of crocs/plimsolls or water shoes essential
- ✓ 1 pair of flipflops / slippers for casual use in the evenings
- √ 1 pair of trainers (extra pair to day 1)
- √ 1 light fleece (extra to day 1)
- ✓ At least 1, if not 2 waterproof coats
- ✓ Underwear, socks
- √ Night wear such as pyjamas
- √ Wash kit (towel, soap, shampoo, flannel, toothpaste and brush, comb/hairbrush) No Hair gel or deodorant sprays please.
- ✓ Two large polythene bags for dirty/wet clothing.

Additional items required for the week:

- 1 shower towel
- 1 activity towel quick drying small
- 1 activity towel large, quick drying
- 1 sturdy water bottle named

Optional items

- A reading book/playing cards/pocket games (chess etc.) for the evening;
- Your child may bring a camera and/or watch but please note that the staff cannot take any
 responsibility for either of these items (Cameras should not have the facility to connect to the
 internet);
- A small pencil case and a small notepad.

Please do not allow your child to bring mobile phones, electronic games, personal stereos or valuables.

It is not necessary to bring a football – we will have plenty of sports and play equipment with us for evening activities.

Remember – please name everything!

If you have any further questions, please do email or speak with a member of the School Office.